

Study on the path of integrating the spirit of socialist construction into the class culture construction of higher vocational colleges in the new era

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Abstract: Adhering to and developing the road of socialism with Chinese characteristics in the new era can fully show that the cause of Chinese characteristics is thriving and full of vitality, and it has great practical significance and far-reaching historical significance to strengthen self-confidence in the road, theory, system and culture. The construction spirit of socialism with Chinese characteristics in the new era is integrated into the class culture construction of higher vocational colleges, which is of great significance to the training of talents in higher vocational colleges. This paper aims to study the path of integrating the spirit of socialism construction with new era into the class culture construction of higher vocational colleges, in order to provide reference for other scholars.

Key words: spirit; Higher vocational colleges; Class culture construction; Path

The construction of class culture in higher vocational colleges is an important link to train modern talents. Integrating the spirit of socialist construction in the new period into the construction of class culture can well train high-quality and high standard talents who are more suitable for modern society. The spirit of socialist construction with Chinese characteristics in the new period has far-reaching significance to improve the self-confidence and cohesion of students in higher vocational colleges.

I. Comprehensively and accurately learn the spirit of socialist construction in the new era

To learn and grasp the spirit of building socialism with Chinese characteristics in the new era, we must fully, accurately and deeply understand its connotation, focusing on the following aspects:

1. A deep understanding of the spirit of building socialism with Chinese characteristics in the new era

We will fully implement the thought on socialism with Chinese characteristics for a new era, remain confident, resolute, and constantly striving for self-improvement, and have the courage to make changes in our work, so that all our work better reflects the values of The Times, follow the rules of social work, pool all our efforts, remove all distractions, and form a strong, concentric and unified force.

2. Study, publicize and implement the spirit of building socialism in the new era

To study, publicize and implement the spirit of building socialism in the new era, we must not only grasp the overall, comprehensive and systematic approach, but also focus on key areas and highlight key issues. The spirit of building socialism with Chinese characteristics in the new era is an important guide for building a new society. We should focus on the major achievements in the new era and the great changes in the new era in the past decade, and uphold and make good use of the ideas and methods that run through them.

3. Uphold the spirit of building socialism in the new era

Compared with the previous century, the modern information society and the overall situation of the world are advancing faster. Technological and industrial changes have also formed a new round of development. The changing world landscape presents us with both a rare opportunity and greater challenges. In the process of developing socialist construction, China is faced with many intractable and multiple problems that need to be solved while maintaining steady development. In many cases, we are faced with the coexistence of strategic opportunities, risks and challenges, the increase of uncertain and unpredictable factors, and various uncertain events may occur at any time. We must be more aware of potential dangers, adhere to the bottom-line thinking of being a human being, and be able to withstand major tests such as high winds and rapid waves and even rough seas. We must strengthen our ambition, make overall plans for development, do our best to overcome all difficulties and challenges on the road ahead, and open up new horizons for career development.

4. Extensively practicing core socialist values

Core socialist values are a powerful force that brings people together. We will carry forward traditional culture, make good use of regional cultural resources, deepen publicity and education, deepen patriotism and collectivism education, and strive to train new people of The Times. We will promote regular and institutionalized education on ideals and beliefs, continue to focus on historical publicity and education, guide the people to constantly strengthen their ideals and beliefs, and promote social and economic development. We will extensively practice core socialist values in shaping the soul and educating people, improve the system for spiritual development, and integrate university and primary and secondary education.

5. Strengthen talent support for modern vocational education

Education, science and technology, and human resources constitute the basic and strategic support for a modern country. To adhere to the strategy of giving priority to education and rejuvenating the country through science and education, and to give priority to the development of education, science and technology, is an important means to achieve national modernization in the new era. Paying attention to the training of professional personnel in the new era, thoroughly implementing the strategy of rejuvenating the country through science and education, ensuring the supply of talents in the new era, cultivating talents for the country, are the fundamental tasks of vocational

education, teaching and educating people. We should comprehensively improve the quality of self-training of talents, ensure that education is satisfactory to the people, accelerate the development of a high-quality education system, and promote the steady development of the education sector.

II. The path of class culture construction in higher vocational colleges

Class is the most basic component of school education and teaching, and it is also the basic platform for the growth and development of students' personality in school. The class of higher vocational college is a learning and living community with "love" as the link, with the characteristics of care, justice, democracy, warmth and other symbiosis. Class culture is the common values and codes of conduct reflected and disseminated by members of this community on this platform, and is the soul of a class. A good and positive class culture can create a good learning atmosphere for students, and play a positive role in the improvement of students' professional quality and professional skills.

In recent years, vocational colleges pay more and more attention to the construction of class culture, and have made beneficial attempts and achieved initial results. However, we should also see that because of the differences in each school, each major and each class, the construction of class culture also has its differences and particularities. How to integrate the spirit of socialist construction in the new era into the construction of class culture in higher vocational colleges, how to use the socialist core values to form the soul and educate people, and how to find the road of class culture construction suitable for the characteristics of this major are the urgent problems to be solved in the construction of class culture in vocational colleges in the new era, and are the focus of our counselors and class teachers in higher vocational colleges. According to the actual work of the author, the path of integrating the party's 20 spirit into the construction of class culture in vocational colleges is as follows.

1. The necessity of integrating the spirit of socialist construction into the class culture in the new era

Vocational college students are between 16 and 20 years old, their world outlook, outlook on life, values and ethics are still in an unstable state, they are easy to be lured by external adverse factors and have a value system deviation. When their bodies tend to mature, their emotions become richer and their adult consciousness becomes stronger and stronger, their psychology is chaotic and changeable. Therefore, in this special "confused" period, it is particularly important to carry on mental health education to students, let the Party's 20 spirit into the classroom, into the textbook, into the mind, and cast the soul with the thought of socialism with Chinese characteristics in the new era. The students in higher vocational colleges generally have the characteristics of "three views" not established, poor self-discipline, no motivation for learning, individual self, social obstacles and so on. However, due to the limited resources of teachers, it is often difficult to carry out the whole process of mental health education in vocational colleges in an all-round way. They usually put several videos of Mental health education on the teaching platform, or pay attention to students with suspected psychological conditions screened by the scale, or open a psychological consultation room and wait for students to come to the door for consultation, etc., and the daily psychological education is obviously less. It is unable to meet and meet the needs of students' psychological development and growth. Therefore, finding a way to realize the whole process of mental health education and cultivate the education of socialist core values is an urgent topic to be studied now.

2. The research idea of integrating the spirit of socialist construction into class culture in the new era

The influencing factors of students' mental health can be divided into two aspects: internal cause and social external cause. For vocational college students who have left their families and have not yet entered the society, the class environment is the main external factor affecting their psychological development. Therefore, the publicity and implementation of the spirit of socialist construction in the new era and the construction of a positive, healthy, harmonious and pleasant class culture can have a long-term and positive influence and education on the students' mental health quality, the establishment of a correct world outlook, values and outlook on life, and is an effective means to improve the quality of student training. Reveal the spirit of socialist construction in the new period and the positive role of the construction of class culture in vocational colleges under the guidance of the theory of socialist core values, and sum up and form the implementation path of class culture construction that is suitable for vocational colleges and has the value of promotion.

3. Integrate the spirit of socialist construction in the new era into the implementation path of class culture construction in vocational colleges

Class culture can be divided into explicit culture and recessive culture. Material culture is the dominant culture of class culture, while spiritual culture, system culture and behavior culture are the recessive culture of class culture. To integrate the spirit of socialist construction in the new era into the class culture construction of higher vocational colleges is to cast the soul with the core values of socialism, express the spirit of socialist construction in the form that students like to hear, let students understand the truth, clear thoughts, emotional identification, conscious action, and build a positive, healthy, harmonious and pleasant class culture.

(1) Implementation path of class explicit culture construction

Material culture is the sum of the external manifestations of culture that can be observed by human eyes, and it is the hardware content of class culture. The explicit material culture has a wide range of contact with students and lasts for a long time. It can have a profound impact on students, form a positive cultural atmosphere, and serve as a platform for the construction of class spiritual culture and system culture to enhance the construction effect of spiritual culture, system culture and vocational culture. Under the guidance of positive psychology theory, reasonable material culture is a platform for positive psychology education. The composition of class material culture construction can be explained from three aspects:

First, the classroom material environment, including the arrangement of desks, chairs and seats, blackboard newspaper, wall materials,

etc.; The physical environment of the positive classroom should be comfortable and in line with the concept of positive psychology. Through the reasonable arrangement of hardware facilities, the classroom can be clean and tidy, bright light, orderly seating, and scientific and reasonable division of classroom functional areas. Celebrity aphorism, current affairs policies, introduction of successful career development cases of outstanding alumni, publicity of advanced deeds of the class, publicity of class rules and so on can be posted on the blackboard newspaper or the wall of the classroom.

Second, dormitory material culture;

Positive dormitory material culture should be clean, comfortable, bright, dormitory layout, advanced dormitory health evaluation, outstanding alumni career development successful route display and personalized layout design to create a positive atmosphere.

Third, the material culture of the virtual network space.

For class teachers, virtual cyberspace mainly refers to QQ or wechat groups. They should always pay attention to the guidance of public opinion in wechat groups, make reasonable use of online channels, implement the 20 spirit and spread positive ideas. The main means include professional dynamic sharing, good online course sharing, good book sharing, mental health quizzes and education for problems with common tendencies.

(2) Implementation path of class recessive culture construction

It takes class spirit culture, system culture, behavior culture and professional culture as the construction content, and takes positive class culture as the direction of two dimensions of positive health, harmony and pleasure, involving students' life, study, personality, career and life education. Design "self-cognition, career development, learning to learn, interpersonal communication, emotional control, frustration education, resist temptation" and other seven themes of counseling units to formulate class group psychological counseling program, class recessive culture construction. Design a total of 13 class group psychological counseling units in three categories around the above seven themes.

The first type is the group counseling start and end is relatively fixed, activity objectives, time characteristics of the activity units, such as "Unit 1: our class" and "Unit 13: Treasure goodbye".

The second type is the activity unit with clear positive quality and characteristic cultivation. Such as "Unit 2: know yourself", "Unit 3: Career exploration", "Unit 4: Career pyramid", "Unit 5: I want to become the master of time", "Unit 6: Confidence box", "Unit 7: Accumulate interpersonal resources", "Unit 10: Be the master of emotions", "Unit 11: Face setbacks", "Unit 12: Stay away from the bad temptation of the network". This kind of activity unit, according to the students' psychological state, can increase the training time of a positive quality characteristics according to the situation, and increase the number of activities when needed.

The third type is a general activity unit based on positive emotional experience and supplemented by positive quality and characteristic training, such as "Unit 8: happy outing" and "Unit 9: Celebrate the holiday together". This kind of activity unit can be implemented several times according to festivals, students' wishes or the requirements of class teachers. This kind of activity unit is flexible and changeable. It can be a pure positive emotion experience activity project, or it can be a combination of positive emotion experience and positive quality characteristics cultivation.

Integrating the spirit of socialist construction in the new era into the class culture construction of higher vocational colleges, carrying out the class explicit culture construction under the guidance of positive psychology theory and adopting the class group psychological guidance education mode to carry out the positive class recessive culture construction can significantly improve the education effect of vocational colleges.

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