Original Research Article

Integrating ESG factors into investment strategies from the perspective of sustainable finance

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Abstract: With the rapid development of the global economy, environmental, social, and governance (ESG) factors have become an important component of investment decisions. This article explores the importance, challenges, and solutions of integrating ESG factors into sustainable financial investment strategies. Research has shown that investment strategies that incorporate ESG factors not only help investors identify and manage risks, but also improve the long-term stability and returns of investment portfolios. Meanwhile, integrating ESG factors into strategic and operational management can enhance a company's market competitiveness and achieve sustainable development. From a social perspective, sustainable financial development promotes the sustainable development of society, especially in terms of environmental protection and social welfare. Despite increasing attention to sustainable finance, challenges such as data quality, inconsistent investment standards, and uncertainty in policy environments still need to be addressed. This article proposes suggestions to strengthen the standardization of ESG data, optimize investment strategies to balance long-term and short-term goals, enhance market awareness, and improve policy frameworks to promote the development of sustainable finance.

Keywords: Sustainable finance; Environmental; Social and governance (ESG); Investment strategy; Risk management; Social responsibility investment

1. Introduction

1.1. Research background and motivation

Over the past few decades, the global economy has witnessed remarkable growth, yet it has come at a significant environmental and social cost. Issues such as climate change, resource depletion, social inequality, and poor corporate governance have become increasingly prominent, posing a serious threat to the future development of humanity. Against this backdrop, the concept of sustainable development emerged and gradually became a global consensus. In 1987, the United Nations World Commission on Environment and Development formally put forward the concept of sustainable development in the report Our Common Future, defining it as "development that meets the needs of the present without compromising the ability of future generations to meet their own needs." Since then, the concept of sustainable development has been widely disseminated and deeply practiced worldwide^[1-4].

1.2. Research value and significance

From the perspective of financial markets, promoting the sustainable development of financial markets is one of its important significances. Under the traditional financial model, the allocation of financial resources often focuses on short - term economic benefits while ignoring environmental and social factors. This may lead to the over - concentration of resources in high - pollution and high - energy - consuming industries, not only causing serious damage to the environment but also bringing potential risks to the financial market. For example, as the global attention to climate change issues continues to increase, enterprises relying on fossil

fuels face increasing policy and market risks.t^[5-11].

1.3. Research ideas and framework

At the practical level, starting from the current situation analysis, a comprehensive study of the development status of the global sustainable finance market is carried out, including the types, scales, and market shares of sustainable financial products, as well as the characteristics and trends of sustainable finance development in different countries and regions. At the same time, the current situation of corporate ESG information disclosure is deeply analyzed, including the content, methods, and quality levels of information disclosure.

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2. Theoretical Cornerstones of sustainable finance and ESG factors

2.1. Connotation and evolution of sustainable finance

The development of sustainable finance can be traced back to the 1960s. At that time, some socially responsible investors began to pay attention to corporate social responsibility and environmental impacts, gradually forming the embryonic form of socially responsible investment. During this period, investors mainly expressed their concerns about social and environmental issues by screening and excluding companies in specific industries. For example, they avoided investing in companies in industries such as tobacco and arms manufacturing^[14].

2.2. Specific analysis of ESG factors

Environmental factors play a core role in sustainable finance. They cover a company's performance in aspects such as energy consumption, carbon emissions, and resource utilization, and these factors have a profound impact on investment decisions.

Table1. Analysis of ESG factors in sustainable finance.

Topic	Key Points
Sustainable Finance	- Integrates financial activities with Sustainable Development Goals (SDGs). Highly inclusive, covers environmental, social, economic, and governance content. No unified international definition, but various organizations (e.g., UNEP, G20, IMF) have provided perspectives.
Scope of Sustainable Finance	- Includes green finance, social responsibility investments, impact investments, and climate finance. Green finance focuses on environmental protection (e.g., green bonds, green credit). Social responsibility investment emphasizes corporate social responsibility alongside financial returns. Impact investment aims to create positive social/environmental impacts while generating reasonable returns.
Development History of Sustainable Finance	- Emerged in the 1960s with socially responsible investment. Gained momentum in the 1980s with the introduction of sustainable development concepts. Practiced in the 1990s through financial products like green bonds. Rapid growth in the 21st century, bolstered by initiatives like UNPRI (2006) and various policy supports (e.g., EU Action Plan, China's green finance policies).
Current Trends in Sustainable Finance	1. Increasing policy support from governments. \n 2. Expanding market size of sustainable finance products. \n 3. Deeper integration of ESG factors in investment decisions. \n 4. Innovation driven by financial technologies (e.g., big data, AI, blockchain).
Environmental Factors	- Key indicators include energy consumption, carbon emissions, and resource utilization efficiency. Companies with high energy consumption face operational and financial risks. High carbon emissions lead to compliance risks and increased operating costs. Efficient resource utilization is crucial for sustainable development, impacting investor evaluation.

Topic	Key Points
Social Factors	- Include labor rights, community relations, and product quality/safety. Companies that prioritize labor rights attract talent and enhance productivity; poor labor practices lead to reputational damage. Strong community relations contribute to a stable business environment; ignoring community concerns can lead to protests and penalties. Product quality issues can severely affect consumer trust and market share.
Governance Factors	- Cover aspects like corporate governance structure, board independence, and anti-corruption measures. A robust governance structure ensures sound decision-making and protects stakeholder interests. Poor governance can lead to conflicts of interest, mismanagement, and reduced investment value. Independent directors can bolster oversight and prevent self-serving management behaviors.

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Table 1. (continued)

3. Practice models of ESG investment strategies in sustainable finance

3.1. Main types of ESG investment strategies

In the field of sustainable finance, incorporating ESG factors into investment strategies has become an important choice for global investors. With the deep - rooted concept of sustainable development, ESG investment strategies have been continuously enriched and improved, providing investors with diverse investment methods. The following will introduce in detail the main types of ESG investment strategies, including negative screening strategy, positive screening strategy, sustainable thematic investment strategy, and impact investment strategy.

3.2. Implementation process of ESG investment strategies

Corporate self - disclosure is one of the important sources of ESG information. Many companies disclose their policies, measures, and performance in environmental, social, and governance aspects to investors and the public by issuing annual reports, sustainability reports, or ESG reports. For example, Apple releases the "Environmental Responsibility Report" every year, elaborating on its initiatives and achievements in carbon emission reduction, renewable energy promotion, and product recycling.

4. Challenges and countermeasures of ESG investment in sustainable finance

4.1. Challenges faced by ESG investment

In the field of sustainable finance, the quality and comparability of ESG data have become important bottlenecks restricting the development of ESG investment. In terms of data quality, there are obvious deficiencies in the accuracy and integrity of ESG data. Many companies often lack unified standards and norms when disclosing ESG information, greatly reducing the reliability of the data. Some companies may conceal or downplay negative ESG information for their own interests, making it difficult for investors to obtain a true and comprehensive understanding of a company's ESG performance.

4.2. Countermeasures and suggestions

To effectively address the issues of ESG data quality and comparability, it is crucial to strengthen ESG data standardization and quality improvement. Establishing unified ESG data standards is a key step. International organizations, industry associations, and regulatory authorities should play a leading role in jointly formulating globally applicable or regionally coordinated ESG data disclosure guidelines and indicator systems.

5. Conclusions and prospects

5.1. Summary of research results

This research has carried out in - depth exploration and analysis around ESG investment strategies in sustainable finance, achieving rich results at multiple levels, including theory, practice, and case studies. This research comprehensively and thoroughly reveals the theory and practice of ESG investment strategies in sustainable finance, provides valuable reference for investors, enterprises, and policymakers, helps promote the development of sustainable finance, and contributes to the sustainable development of the economy, society, and environment.

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5.2. Outlook on future research directions

In the future, research on ESG investment strategies in the field of sustainable finance has broad room for expansion, and innovative breakthroughs are expected in several key areas. In terms of ESG investment strategy innovation, with the continuous changes in the market environment and sustainable development needs, exploring new investment strategies and methods has become an inevitable trend.

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